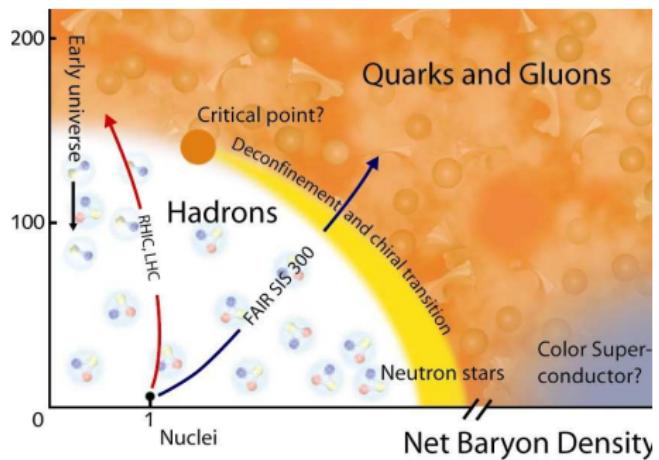
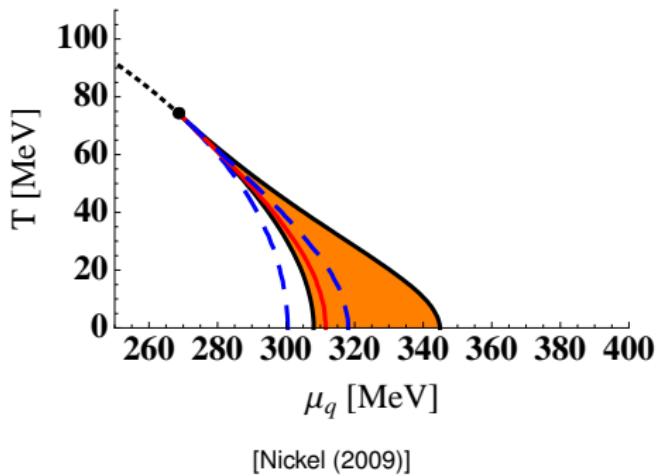


Outline

1. Introduction ✓
2. Chiral phase transition and critical endpoint ✓
3. Color superconductivity ✓
4. Inhomogeneous chiral phases



INHOMOGENEOUS CHIRAL PHASES

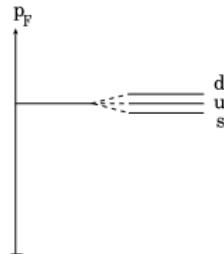


Why should we expect inhomogeneous chiral-symmetry breaking phases?

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Analogy:

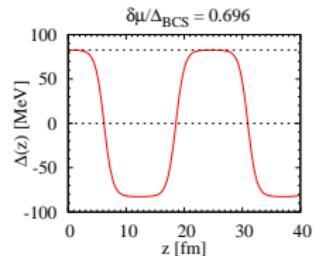
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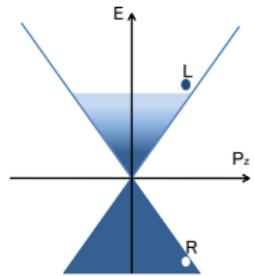
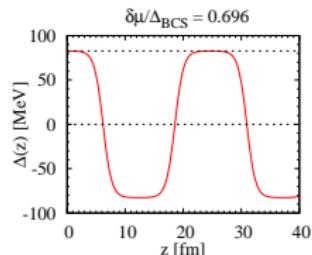
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 - ▶ excess quarks in regions of low $\langle qq \rangle$



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- ▶ χ SB = quark-antiquark pairing
 - ▶ favored for vanishing Fermi momenta
 - ▶ stressed by nonzero densities
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 - ▶ quarks in regions of low $\langle \bar{q}q \rangle$



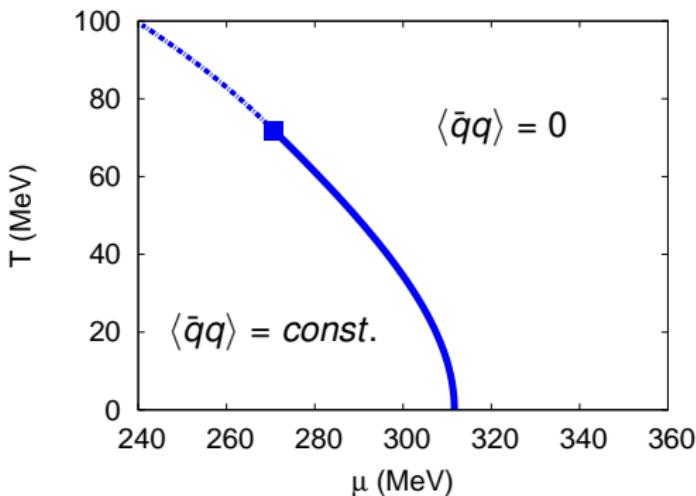
[Kojo et al. (2010)]

Highlight example



- ▶ chiral phase transition in the NJL model [D. Nickel, PRD (2009)]

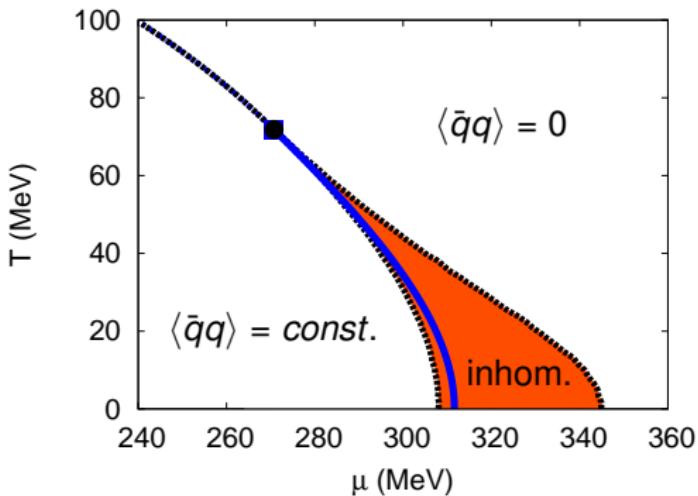
homogeneous phases only



Highlight example

- ▶ chiral phase transition in the NJL model [D. Nickel, PRD (2009)]

including inhomogeneous phase



- ▶ first-order phase boundary completely covered by the inhomogeneous phase
- ▶ all phase boundaries second order (mean-field artifact?)
- ▶ tricritical point → Lifshitz point

[Nickel, PRL (2009)]

Inhomogeneous chiral phases: (incomplete) historical overview

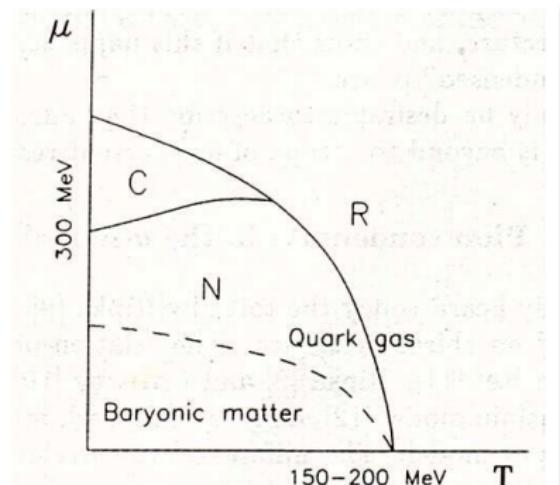


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- ▶ 1960s:
 - ▶ spin-density waves in nuclear matter
(Overhauser)
- ▶ 1970s – 1990s:
 - ▶ p-wave pion condensation (Migdal)
 - ▶ chiral density wave (Dautry, Nyman)
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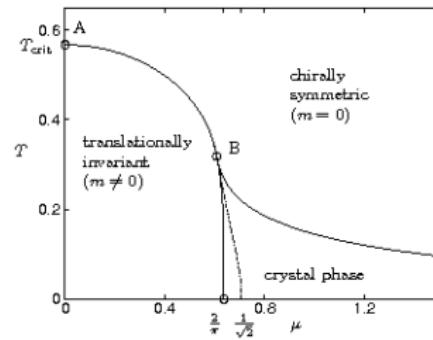
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Broniowski et al. (1991)

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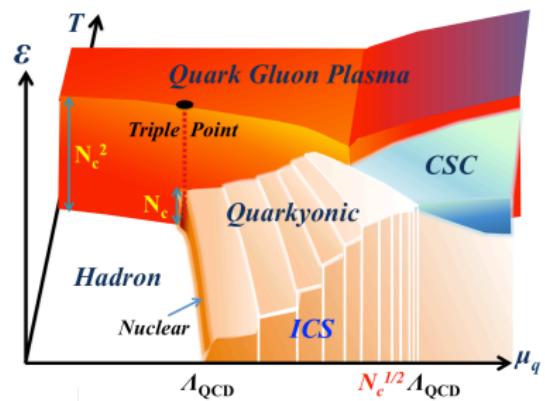
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Thies, Urlich (2003)

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$$\mathcal{L} = \bar{\psi}(i\partial - m)\psi + G [(\bar{\psi}\psi)^2 + (\bar{\psi}i\gamma_5\vec{\tau}\psi)^2]$$

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► mean-field thermodynamic potential:

$$\Omega_{MF}(T, \mu) = -\frac{T}{V} \ln \int \mathcal{D}\bar{\psi} \mathcal{D}\psi \exp \left(\int_{x \in [0, \frac{1}{T}] \times V} (\mathcal{L}_{MF} + \mu \bar{\psi} \gamma^0 \psi) \right)$$

Mean-field model

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- ▶ H_{MF} time-independent \Rightarrow Matsubara sum as usual

Mean-field thermodynamic potential

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$$\Omega_{MF}(T, \mu; S, P) = -\frac{T}{V} \text{Tr} \ln \left(\frac{1}{T} (i\partial_0 - H_{MF} + \mu) \right) + \frac{G}{V} \int_V d^3x \left(S^2(\vec{x}) + P^2(\vec{x}) \right)$$

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difficulty: functional minimization w.r.t. arbitrary shapes

- ▶ Restricted ansätze for the condensate modulation
 - minimize Ω_{MF} w.r.t. a finite number of parameters
 - ▶ ansätze for which H_{MF} can be diagonalized analytically
 - ▶ brute-force numerical diagonalization of H_{MF}
- ▶ Stability and Ginzburg-Landau analyses
 - investigate the stability of the homogeneous ground state w.r.t. small inhomogeneous fluctuations

Ansätze which can be diagonalized analytically



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Chiral density wave



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- ▶ dispersion relations: $E_{\pm}^2(\vec{p}) = \vec{p}^2 + \Delta^2 + \frac{\vec{q}^2}{4} \pm \sqrt{\Delta^2 \vec{q}^2 + (\vec{q} \cdot \vec{p})^2}$

Real kink crystal

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- ▶ remaining task:
 - ▶ minimize w.r.t. 2 parameters: Δ, ν
 - ▶ (almost) as simple as CDW, but more powerful
 - ▶ $m \neq 0$: 3 parameters

Mass functions and density profiles ($T = 0$)

► $M(z) = \sqrt{\nu} \Delta \operatorname{sn}(\Delta z | \nu)$ →
$$\begin{cases} \Delta \tanh(\Delta z) & \text{for } \nu \rightarrow 1 \\ \sqrt{\nu} \Delta \sin(\Delta z) & \text{for } \nu \rightarrow 0 \end{cases}$$

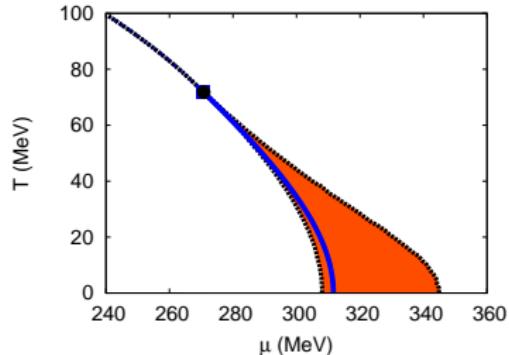
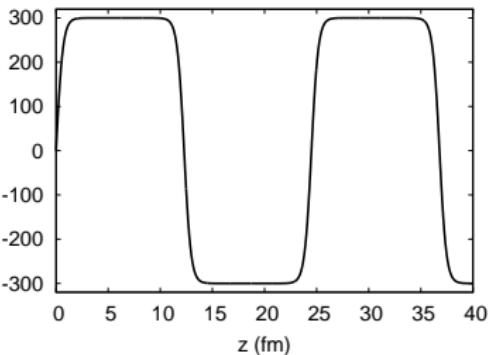
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$M(z)$ ($\mu = 307.5$ MeV)

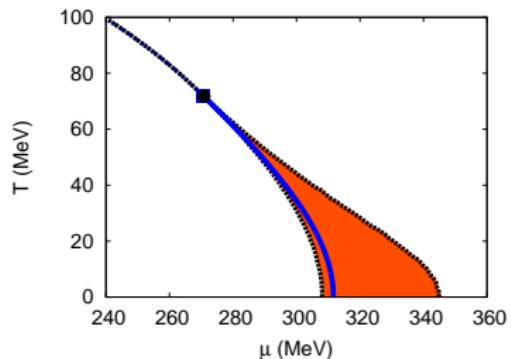
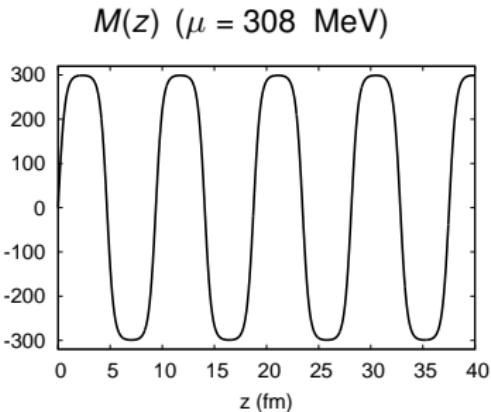


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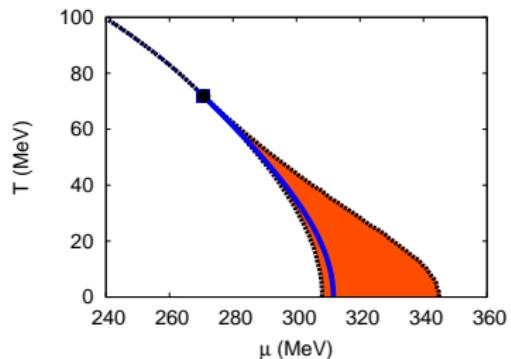
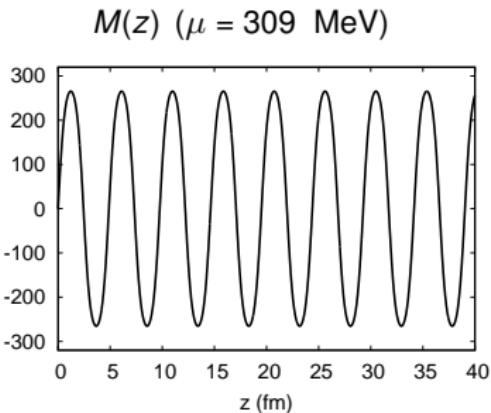


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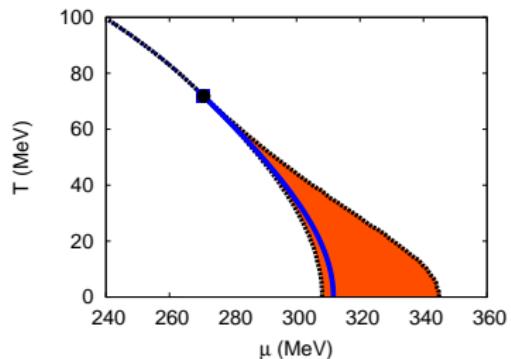
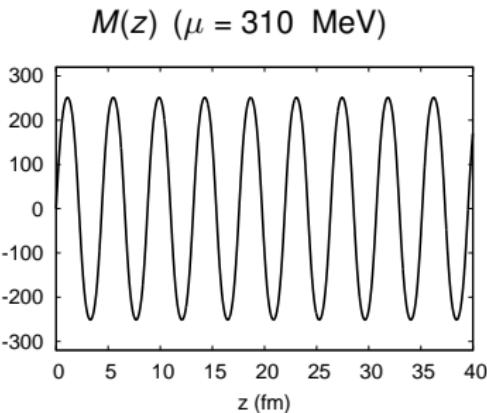


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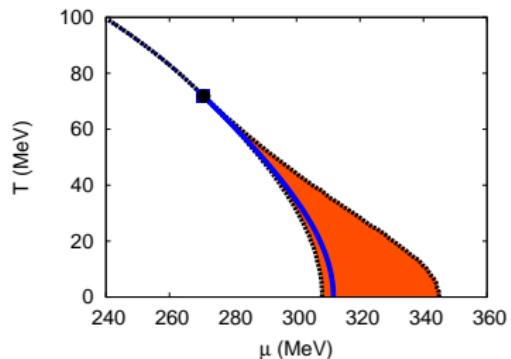
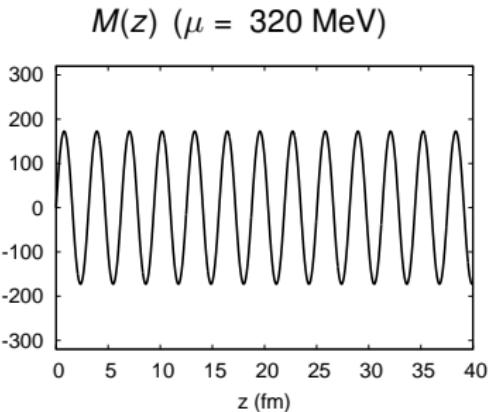


Mass functions and density profiles ($T = 0$)



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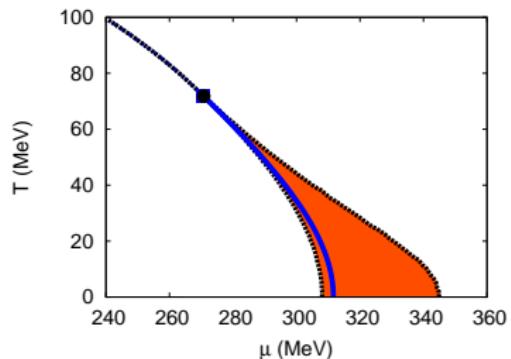
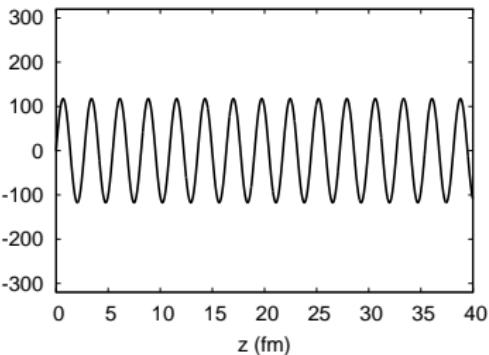
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$M(z)$ ($\mu = 330$ MeV)



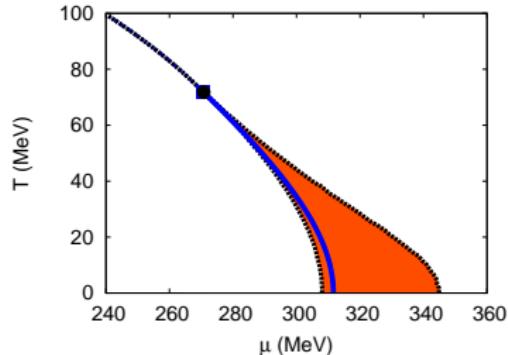
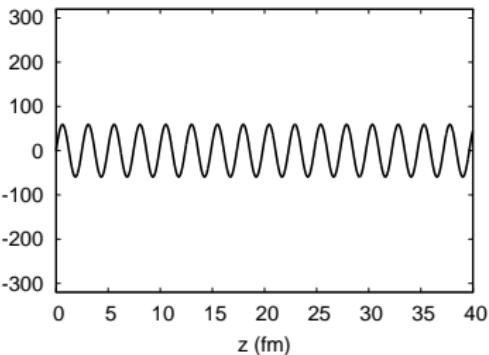
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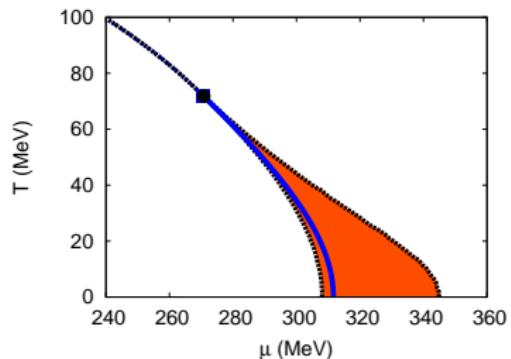
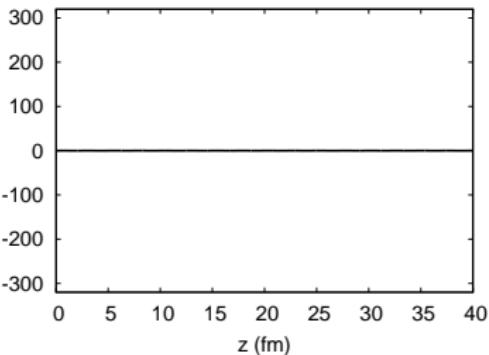
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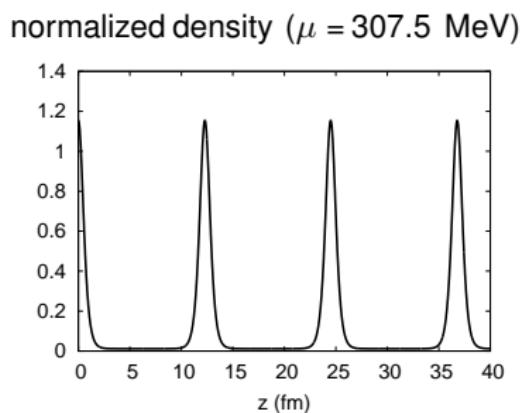
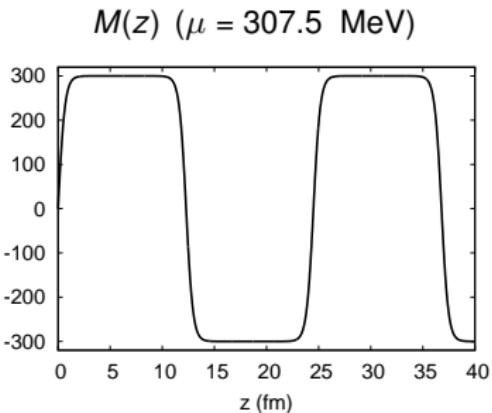


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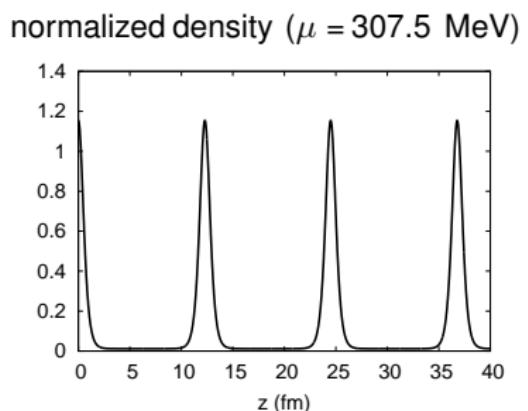
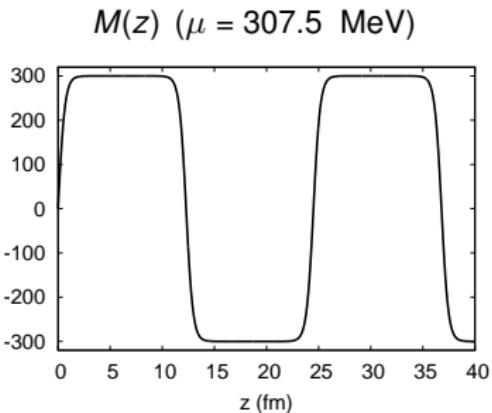


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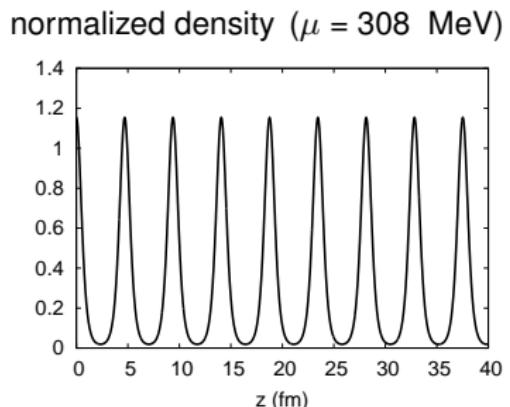
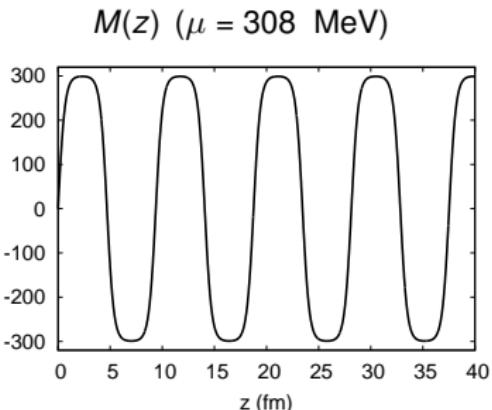
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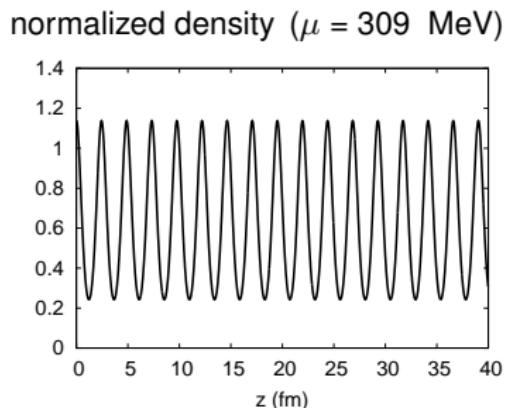
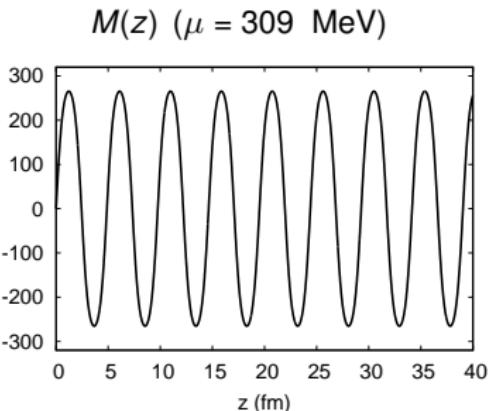
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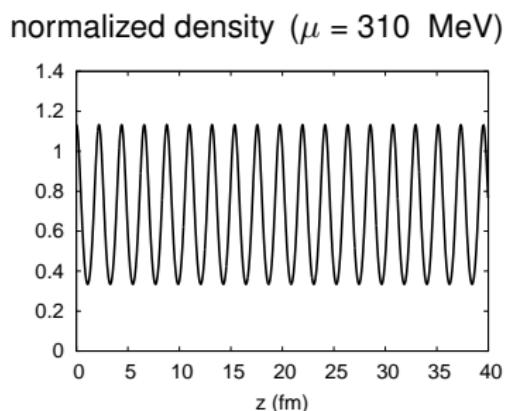
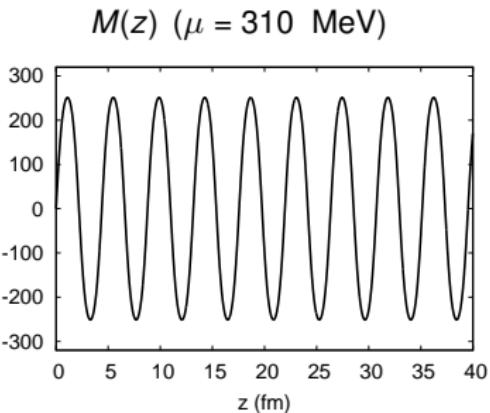
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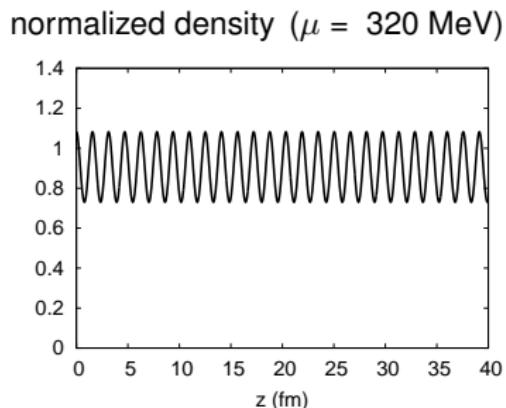
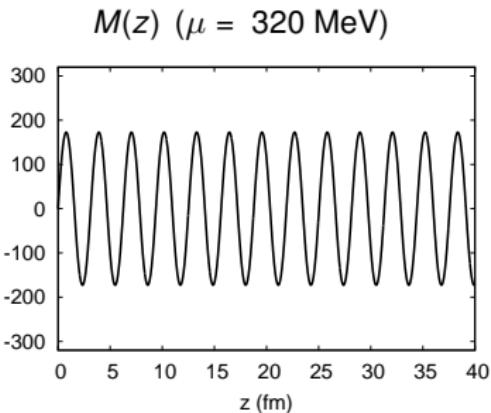


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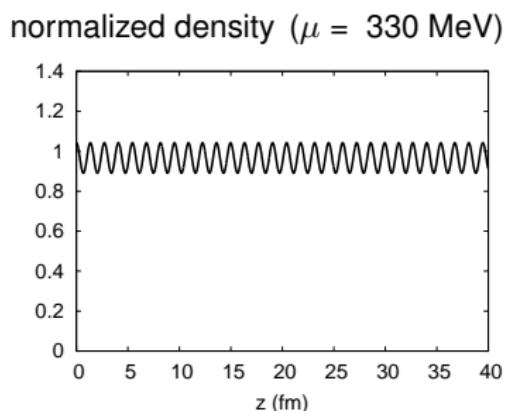
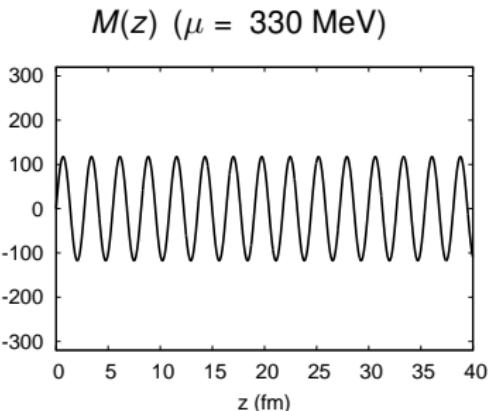


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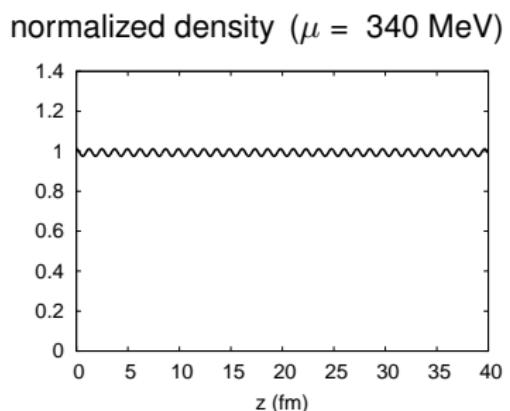
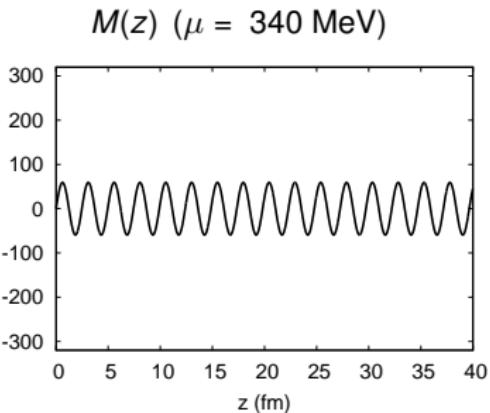


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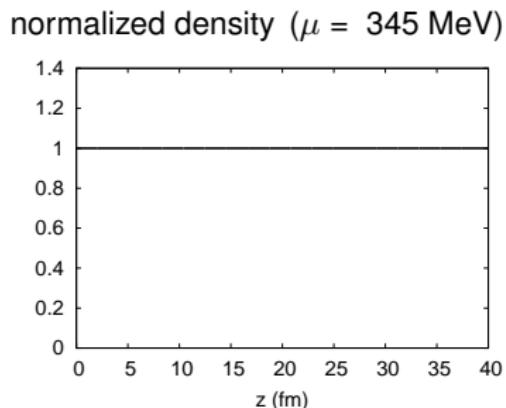
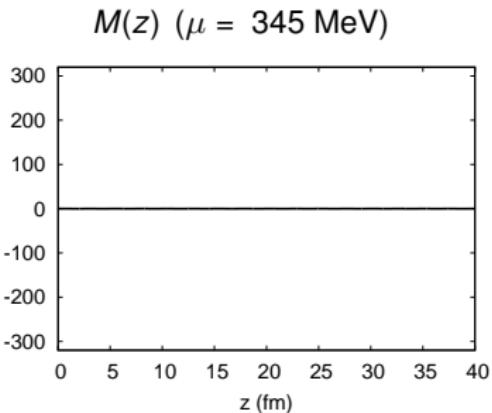


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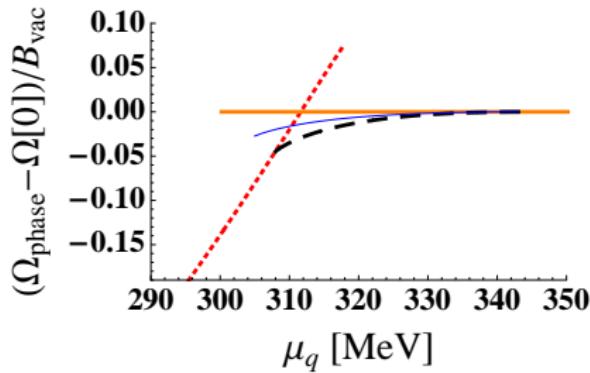
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Free energy difference

[D. Nickel, PRD (2009)]



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- ▶ homogeneous chirally broken
- ▶ Jacobi elliptic functions
- ▶ chiral density wave:
$$M_{CDW}(z) = M_1 e^{iqz}$$

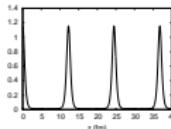
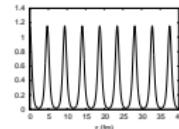
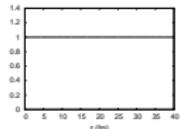
- ▶ soliton lattice favored, when it exists
- ▶ $\delta\Omega_{\text{Jacobi}} \approx 2\delta\Omega_{CDW} \Rightarrow \text{CDW never favored}$

Self-bound quark matter

[M.B., S. Carignano, PRD (2013)]

► 1D inhomogeneous solutions:

homogeneous matter decays into domain-wall solitons



► If it was 3D: Hadronization!

► single-soliton properties:

$$\blacktriangleright \frac{E}{N} = \mu_{c,inh} \sim 325 \text{ MeV} \Rightarrow \text{"baryon" mass: } M_B = 3 \frac{E}{N} \sim 975 \text{ MeV}$$

$$\blacktriangleright \text{central density: } \rho_B = \frac{1}{4\pi} M_{vac} \mu_{c,inh}^2 \sim 2.1 \rho_0$$

$$\blacktriangleright \text{longitudinal size: } \sqrt{\langle z^2 \rangle} = \frac{\pi}{\sqrt{12}} \frac{1}{M_{vac}} \sim .5 \text{ fm}$$

► but it's only 1D modulations ...

→ revisit chiral solitons !? [Alkofer, Reinhardt, Weigel; Goeke et al.; Ripka; ...]

Two-dimensional modulations

[S. Carignano, M.B., PRD (2012)]



Two-dimensional modulations

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- ▶ no known analytical solutions
- brute-force numerical diagonalization of H for a given ansatz

Two-dimensional modulations

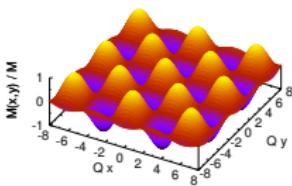
[S. Carignano, M.B., PRD (2012)]

- ▶ no known analytical solutions
→ brute-force numerical diagonalization of H for a given ansatz

- ▶ consider two shapes:

- ▶ square lattice ("egg carton")

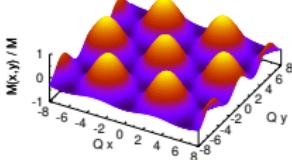
$$M(x, y) = M \cos(Qx) \cos(Qy)$$



- ▶ hexagonal lattice

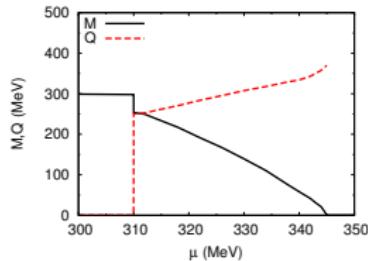
$$M(x, y) = \frac{M}{3} \left[2 \cos(Qx) \cos\left(\frac{1}{\sqrt{3}}Qy\right) + \cos\left(\frac{2}{\sqrt{3}}Qy\right) \right]$$

- ▶ minimize both cases numerically w.r.t. M and Q

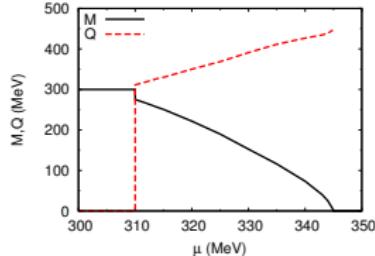


Two-dimensional modulations: results

- ▶ amplitudes and wave numbers:
 - ▶ egg carton:

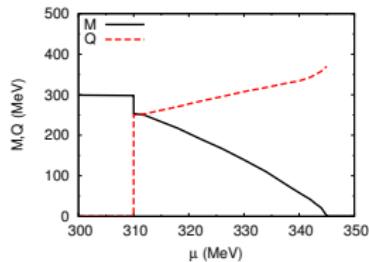


- ▶ hexagon:

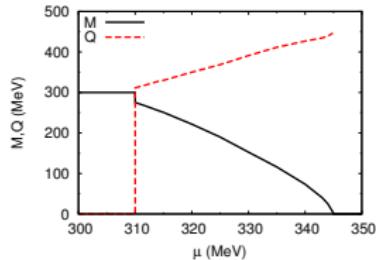


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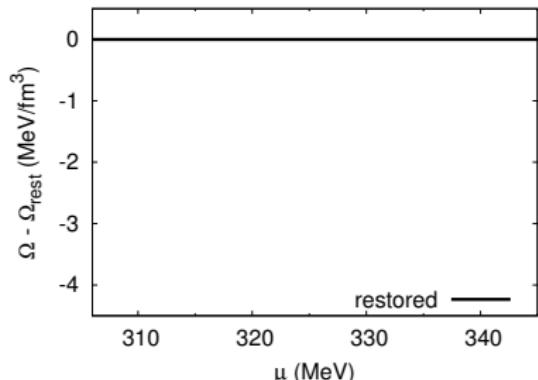
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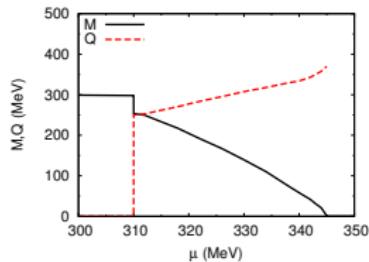


free-energy gain at $T = 0$:

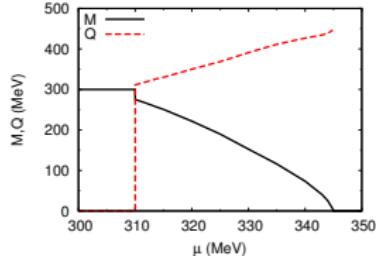


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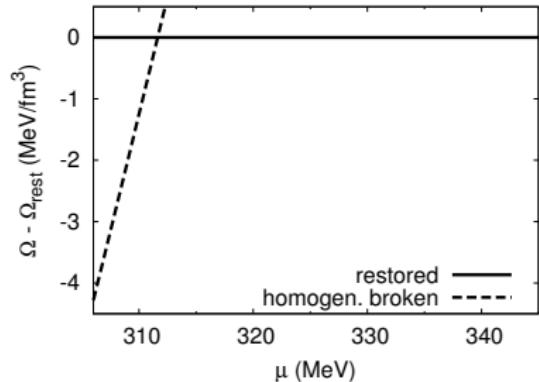
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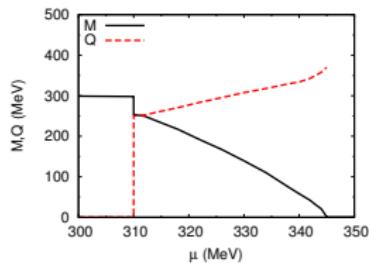


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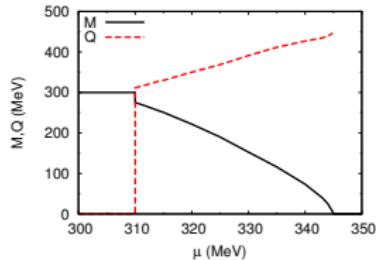


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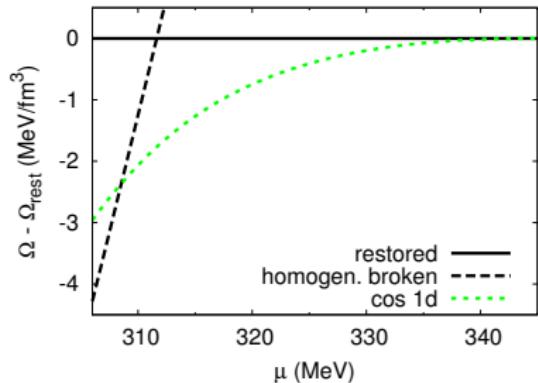
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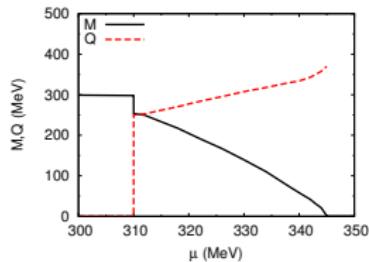


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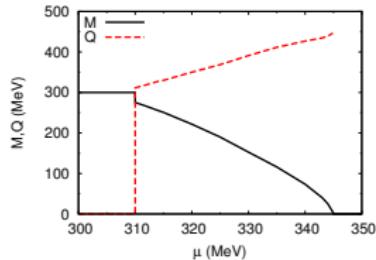


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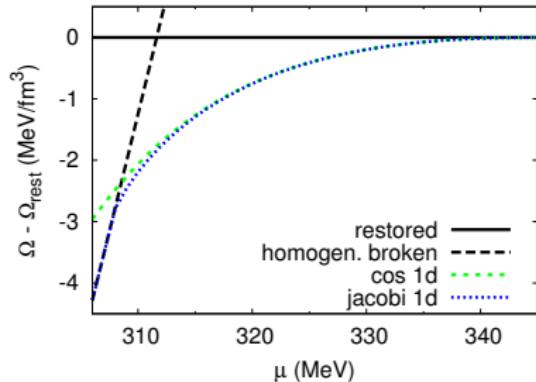
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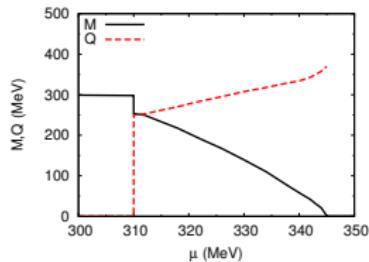


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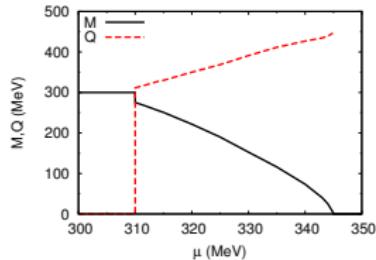


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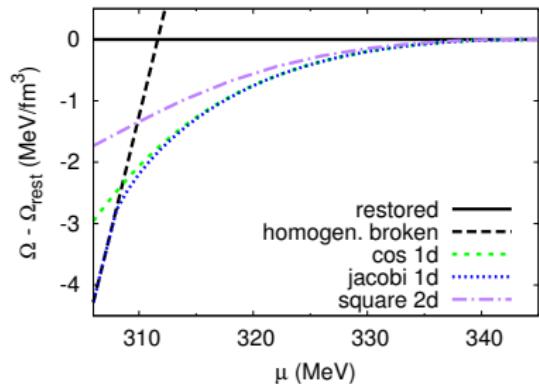
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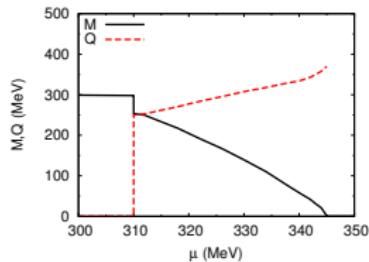


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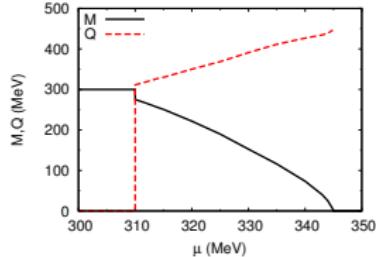


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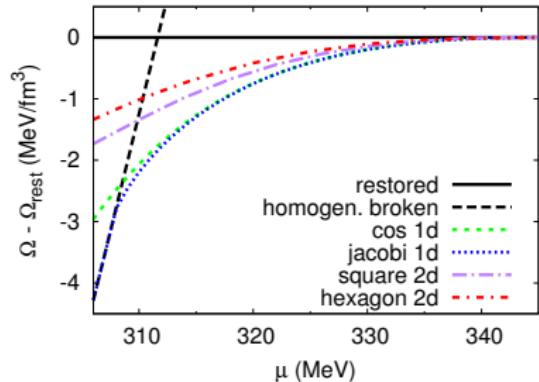
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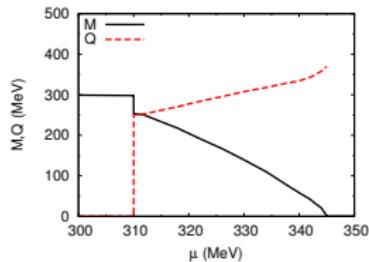


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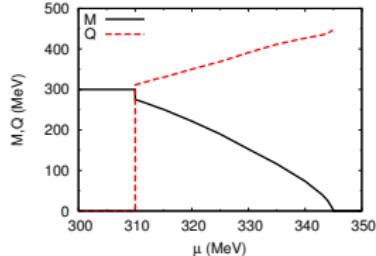


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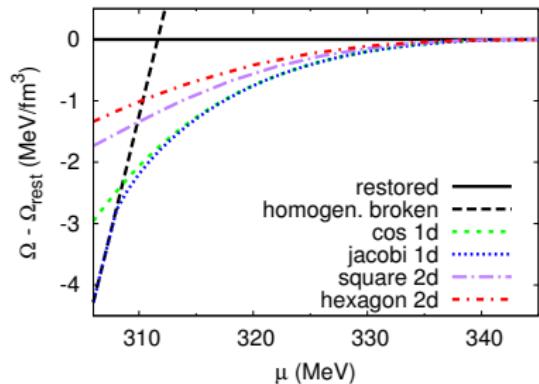
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free-energy gain at $T = 0$:



- ▶ 2d not favored over 1d in this regime

Stability and Ginzburg-Landau analyses



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Stability and Ginzburg-Landau analyses

General idea:

- ▶ Stability analysis:
 - ▶ Minimize Ω_{MF} w.r.t. homogeneous mean fields $\rightarrow S = \bar{S} = \text{const.}, P = 0$
 - ▶ Study effect of small inhomogeneous fluctuations $\delta S(\vec{x}), \delta P(\vec{x})$

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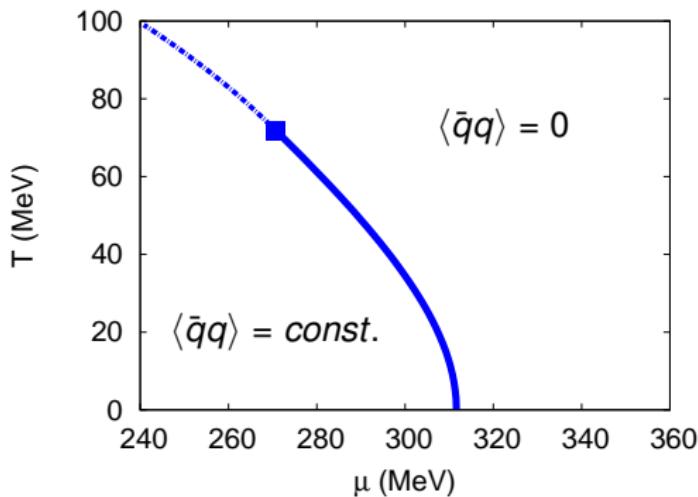
- ▶ Ginzburg-Landau analysis:

- ▶ additional expansion in small gradients $\vec{\nabla} S(\vec{x}), \vec{\nabla} P(\vec{x})$
- ▶ best suited to identify critical and Lifshitz points

Reminder

- ▶ chiral phase transition in the NJL model (chiral limit) [D. Nickel, PRD (2009)]

homogeneous phases only

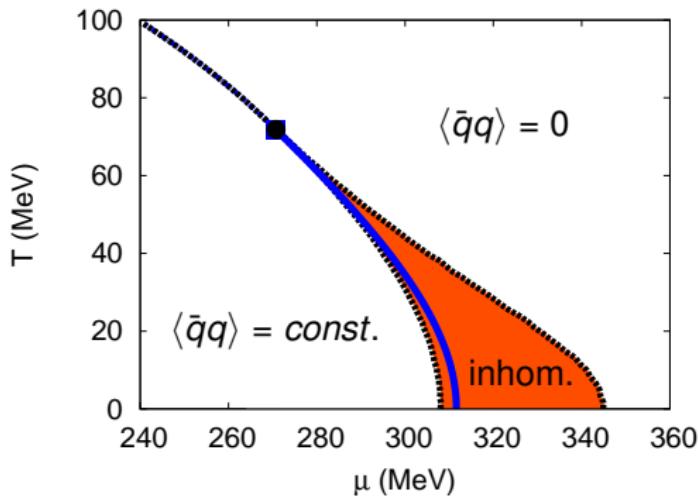


- ▶ tricritical point

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including inhomogeneous phase

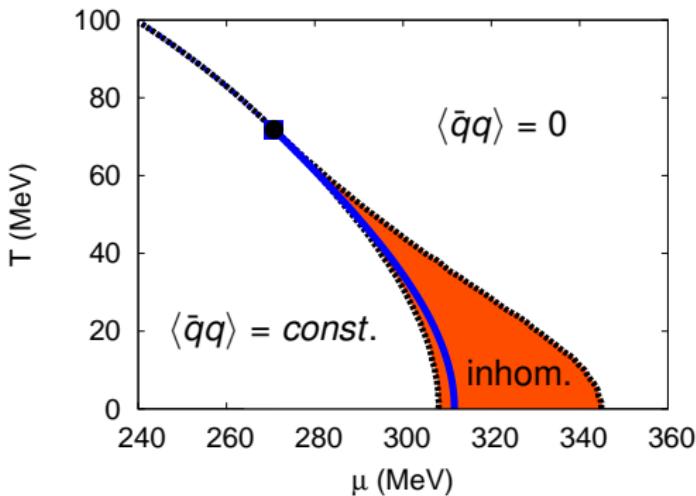


- ▶ tricritical point
→ Lifshitz point

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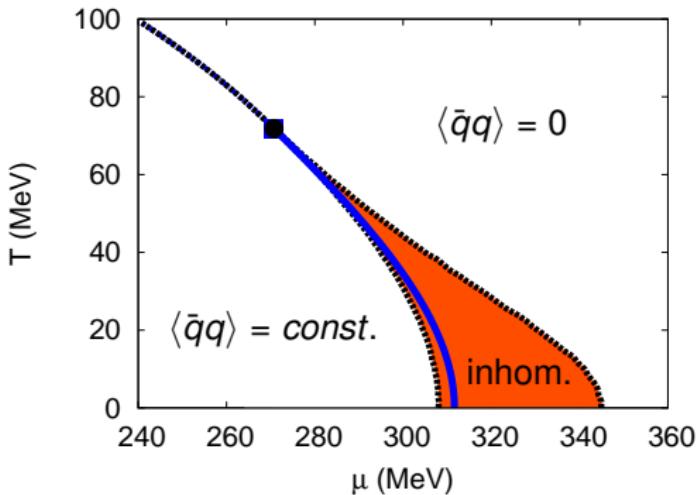


- ▶ tricritical point
→ Lifshitz point
- ▶ How was this shown?
[Nickel, PRL (2009)]

Reminder

- ▶ chiral phase transition in the NJL model (chiral limit) [D. Nickel, PRD (2009)]

including inhomogeneous phase



- ▶ tricritical point
→ Lifshitz point
- ▶ How was this shown?
[Nickel, PRL (2009)]
- ▶ How is it away from the chiral limit?
[MB, Carignano, PRB (2018)]

Ginzburg-Landau analysis



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► Simplifications:

- ▶ chiral limit $m = 0$ (will be relaxed later)
 - ▶ $P = 0$ (to simplify the notation, can be included straightforwardly)
- order parameter $M(\vec{x}) = -2G S(\vec{x})$ (“constituent quark mass”)
- $\Omega_{MF} = \Omega_{MF}[M]$

Ginzburg-Landau analysis

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- order parameter $M(\vec{x}) = -2G S(\vec{x})$ (“constituent quark mass”)
- $\Omega_{MF} = \Omega_{MF}[M]$
- ▶ Assumptions: $M, |\nabla M|$ small (holds near the LP)
 - expansion of the thermodynamic potential.

$$\Omega[M] = \Omega[0] + \frac{1}{V} \int d^3x \left\{ \alpha_2 M^2(\vec{x}) + \alpha_{4,a} M^4(\vec{x}) + \alpha_{4,b} |\vec{\nabla} M(\vec{x})|^2 + \dots \right\}$$

- ▶ $\alpha_n = \alpha_n(T, \mu)$: GL coefficients
- ▶ chiral symmetry: only even powers allowed
- ▶ stability: higher-order coeffs. positive

Tricritical and Lifshitz point

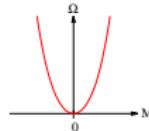
- ▶ GL expansion: $\Omega[M] = \Omega[0] + \frac{1}{V} \int_V d^3x \left\{ \alpha_2 M^2 + \alpha_{4,a} M^4 + \alpha_{4,b} |\vec{\nabla} M|^2 + \dots \right\}$

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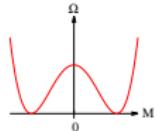
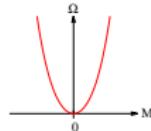
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- ▶ case 1: $\alpha_{4,b} > 0 \Rightarrow$ gradients disfavored \Rightarrow homogeneous
 - case 1.1: $\alpha_{4,a} > 0$
 - ▶ $\alpha_2 > 0 \Rightarrow$ restored phase



Tricritical and Lifshitz point

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 - ▶ $\alpha_2 < 0 \Rightarrow$ hom. broken phase

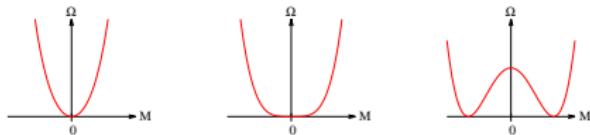


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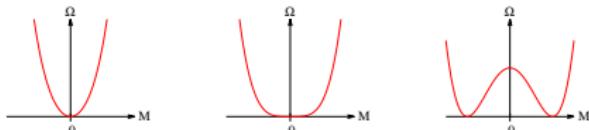


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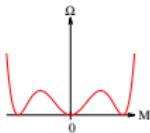
case 1.1: $\alpha_{4,a} > 0$

- ▶ 2nd-order p.t. at $\alpha_2 = 0$



case 1.2: $\alpha_{4,a} < 0$

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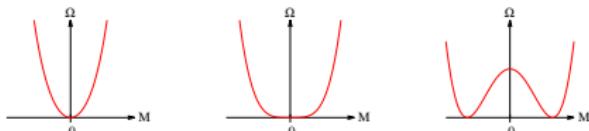


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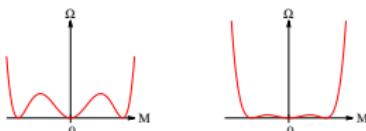
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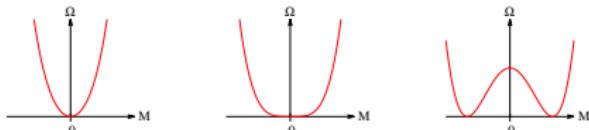


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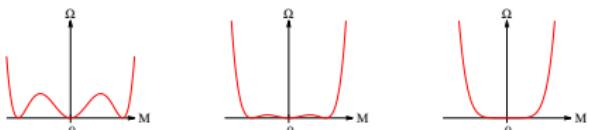
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Tricritical and Lifshitz point

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- ▶ case 2: $\alpha_{4,b} < 0$

- ▶ inhomogeneous phase possible

Tricritical and Lifshitz point

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- ▶ 2nd-order phase boundary inhom. - restored: $\alpha_{4,b} < 0, \alpha_2 > 0$
finite wavelength, amplitude $\rightarrow 0$

Tricritical and Lifshitz point

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 - ▶ 1st-order phase trans. at $\alpha_2 > 0$
- ▶ case 2: $\alpha_{4,b} < 0$
 - ▶ inhomogeneous phase possible
 - ▶ 2nd-order phase boundary inhom. - restored: $\alpha_{4,b} < 0, \alpha_2 > 0$
finite wavelength, amplitude $\rightarrow 0$

Lifshitz point (LP): $\alpha_2 = \alpha_{4,b} = 0$

Away from the chiral limit



- ▶ $m \neq 0$: no chirally restored solution $M = 0$
→ expand about a priory unknown constant mass M_0 :

$$\Omega[M] = \Omega[M_0] + \frac{1}{V} \int d^3x (\alpha_1 \delta M + \alpha_2 \delta M^2 + \alpha_3 \delta M^3 + \alpha_{4,a} \delta M^4 + \alpha_{4,b} (\nabla \delta M)^2 + \dots)$$

- ▶ small parameters: $\delta M(\vec{x}) \equiv M(\vec{x}) - M_0$, $|\nabla \delta M(\vec{x})|$
- ▶ GL coefficients: $\alpha_j = \alpha_j(T, \mu, M_0)$
- ▶ odd powers allowed
- ▶ require M_0 = extremum of Ω at given T and μ
 $\Rightarrow \alpha_1(T, \mu, M_0) = 0 \rightarrow M_0 = M_0(T, \mu)$ (= homogeneous gap equation)

CEP and pseudo Lifshitz point



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- ▶ GL expansion:

$$\Omega[M] = \Omega[M_0] + \frac{1}{V} \int d^3x \left(\alpha_2 \delta M^2 + \alpha_3 \delta M^3 + \alpha_{4,a} \delta M^4 + \alpha_{4,b} (\nabla \delta M)^2 + \dots \right)$$

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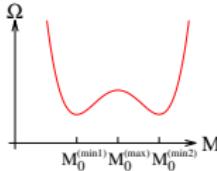
CEP and pseudo Lifshitz point



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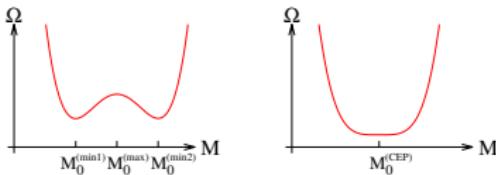
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- ▶ 2 minima + 1 maximum \rightarrow 1 minimum

\Rightarrow **critical endpoint (CEP):** $\alpha_2 = \alpha_3 = 0$

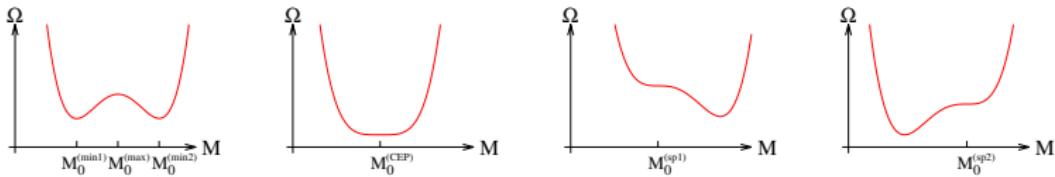
CEP and pseudo Lifshitz point



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- ▶ spinodals: left: $\alpha_2 = 0, \alpha_3 < 0$, right: $\alpha_2 = 0, \alpha_3 > 0$,

CEP and pseudo Lifshitz point

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- ▶ case 1: $\alpha_{4,b} > 0 \Rightarrow$ homogeneous CEP: $\alpha_2 = \alpha_3 = 0$
- ▶ case 2: $\alpha_{4,b} < 0 \Rightarrow$ inhomogeneous phases possible

CEP and pseudo Lifshitz point



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CEP and pseudo Lifshitz point

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CEP and pseudo Lifshitz point

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CEP and pseudo Lifshitz point

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 - ▶ in general: $\nabla \delta M(\vec{x}) \neq 0$ along this phase boundary

\Rightarrow as in the chiral limit: $\alpha_{4,b} < 0, \alpha_2 > 0$

CEP and pseudo Lifshitz point



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\Rightarrow as in the chiral limit: $\alpha_{4,b} < 0, \alpha_2 > 0$

\rightarrow **pseudo Lifshitz point (PLP):** $\alpha_2 = \alpha_{4,b} = 0$

Summarizing: GL analysis of critical and Lifshitz points

- ▶ chiral limit ($m = 0$):
 - ▶ expansion about $M = 0$
 - ▶ TCP: $\alpha_2 = \alpha_{4,a} = 0$
 - ▶ LP: $\alpha_2 = \alpha_{4,b} = 0$
- ▶ away from the chiral limit ($m \neq 0$):
 - ▶ expansion about $M_0(T, \mu)$ solving $\alpha_1(T, \mu, M_0) = 0$
 - ▶ CEP: $\alpha_2 = \alpha_3 = 0$
 - ▶ PLP: $\alpha_2 = \alpha_{4,b} = 0$

Determination of the GL coefficients



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Determination of the GL coefficients

- ▶ NJL mean-field thermodynamic potential:

$$\Omega_{MF}(T, \mu) = -\frac{T}{V} \mathbf{Tr} \log \left(\frac{S^{-1}}{T} \right) + G \frac{1}{V} \int d^3x \left(S^2(\vec{x}) + P^2(\vec{x}) \right)$$

Determination of the GL coefficients



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- ▶ again assume $P = 0$ $\rightarrow M(\vec{x}) = m - 2G S(\vec{x}) \equiv M_0 + \delta M(\vec{x})$

Determination of the GL coefficients



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- ▶ again assume $P = 0$ $\rightarrow M(\vec{x}) = m - 2G S(\vec{x}) \equiv M_0 + \delta M(\vec{x})$

$$\Rightarrow \Omega_{MF} = -\frac{T}{V} \mathbf{Tr} \log(S_0^{-1} - \delta M) + \frac{1}{V} \int_V d^3x \frac{(M_0 - m + \delta M(\vec{x}))^2}{4G}$$

- ▶ $S_0^{-1}(x) = i\partial + \mu\gamma^0 - M_0$ inverse propagator of a free fermion with mass M_0

Determination of the GL coefficients



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- ▶ $S_0^{-1}(x) = i\partial + \mu\gamma^0 - M_0$ inverse propagator of a free fermion with mass M_0

- ▶ expand logarithm:

$$\log(S_0^{-1} - \delta M) = \log(S_0^{-1}) + \log(1 - S_0 \delta M) = \log(S_0^{-1}) - \sum_{n=1}^{\infty} \frac{1}{n} (S_0 \delta M)^n$$

Determination of the GL coefficients



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- Thermodynamic potential: $\Omega_{MF} = \sum_{n=0}^{\infty} \Omega^{(n)}$

$\Omega^{(n)}$: contribution of order $(\delta M)^n$:

$$\Omega^{(0)} = -\frac{T}{V} \mathbf{Tr} \log S_0^{-1} + \frac{1}{V} \int_V d^3x \frac{(M_0 - m)^2}{4G}$$

$$\Omega^{(1)} = \frac{T}{V} \mathbf{Tr} (S_0 \delta M) + \frac{M_0 - m}{2G} \frac{1}{V} \int_V d^3x \delta M(\vec{x}),$$

$$\Omega^{(2)} = \frac{1}{2} \frac{T}{V} \mathbf{Tr} (S_0 \delta M)^2 + \frac{1}{4G} \frac{1}{V} \int_V d^3x \delta M^2(\vec{x}),$$

$$\Omega^{(n)} = \frac{1}{n} \frac{T}{V} \mathbf{Tr} (S_0 \delta M)^n \quad \text{for } n \geq 3.$$

Determination of the GL coefficients



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- ▶ functional trace:

$$\text{Tr} (S_0 \delta M)^n = 2N_c \int \prod_{i=1}^n d^4 x_i \text{tr}_D [S_0(x_n, x_1) \delta M(\vec{x}_1) S_0(x_1, x_2) \delta M(\vec{x}_2) \dots S_0(x_{n-1}, x_n) \delta M(\vec{x}_n)]$$

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- ▶ gradient expansion: $\delta M(\vec{x}_i) = \delta M(\vec{x}_1) + \nabla M(\vec{x}_1) \cdot (\vec{x}_i - \vec{x}_1) + \dots$

$$\Rightarrow \Omega^{(n)} = \sum_{j=0}^{\infty} \Omega^{(n,j)} , \quad j = \text{number of gradients}$$

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$$\Rightarrow \Omega^{(n)} = \sum_{j=0}^{\infty} \Omega^{(n,j)}, \quad j = \text{number of gradients}$$

- ▶ final steps:

- ▶ Insert momentum-space rep. of the free propagators S_0 and turn out all but one $d^4 x_i$ integrals.
- ▶ Compare results with GL expansion of Ω_{MF} to read off the GL coefficients.

GL coefficients: results



► Resulting coefficients:

$$\alpha_1 = \frac{M_0 - m}{2G} + M_0 F_1, \quad \alpha_2 = \frac{1}{4G} + \frac{1}{2} F_1 + M_0^2 F_2, \quad \alpha_3 = M_0 \left(F_2 + \frac{4}{3} M_0^2 F_3 \right),$$

$$\alpha_{4,a} = \frac{1}{4} F_2 + 2M_0^2 F_3 + 2M_0^4 F_4, \quad \alpha_{4,b} = \frac{1}{4} F_2 + \frac{1}{3} M_0^2 F_3$$

► $F_n = 8N_c \int \frac{d^3 p}{(2\pi)^3} T \sum_j \frac{1}{[(i\omega_j + \mu)^2 - \vec{p}^2 - M_0^2]^n}, \quad \omega_j = (2j + 1)\pi T$

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► chiral limit:

- $m = 0 \Rightarrow M_0 = 0$ solves gap equation $\alpha_1 = 0$
- $M_0 = 0 \Rightarrow \alpha_3 = 0$ (no odd powers)
- $M_0 = 0 \Rightarrow \alpha_{4,a} = \alpha_{4,b} \Rightarrow \text{TCP} = \text{LP}$ [Nickel, PRL (2009)]

GL coefficients: results



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► towards the chiral limit:

$$\blacktriangleright M_0 \rightarrow 0 \Rightarrow \alpha_3, \alpha_{4ba}, \alpha_{4,b} \propto F_2 \Rightarrow \text{CEP} \rightarrow \text{TCP} = \text{LP}$$

GL coefficients: results



► Resulting coefficients:

$$\alpha_1 = \frac{M_0 - m}{2G} + M_0 F_1, \quad \alpha_2 = \frac{1}{4G} + \frac{1}{2} F_1 + M_0^2 F_2, \quad \alpha_3 = M_0 \left(F_2 + \frac{4}{3} M_0^2 F_3 \right),$$

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► away from the chiral limit:

$$\blacktriangleright M_0 \neq 0 \Rightarrow \alpha_3 = 4M_0 \alpha_{4,b} \Rightarrow \text{CEP} = \text{PLP}$$

GL coefficients: results



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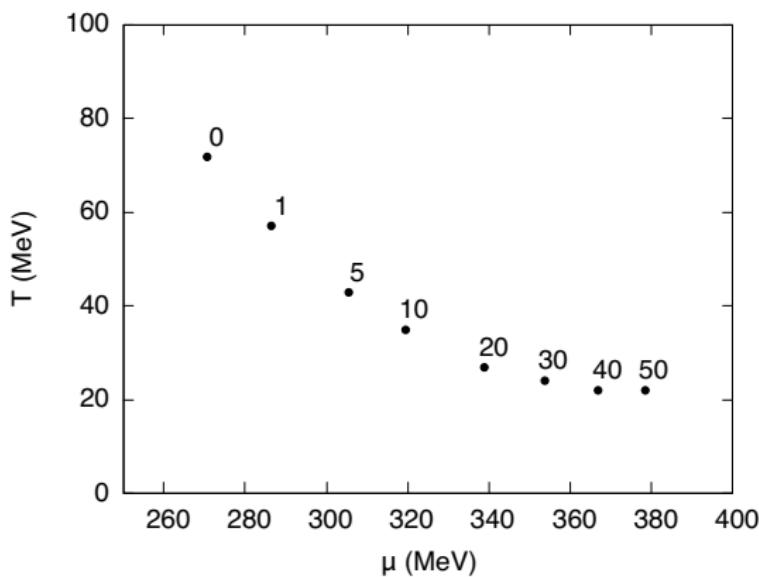
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The CEP coincides with the PLP!

Results:

- ▶ position of the CEP=PLP for different m :



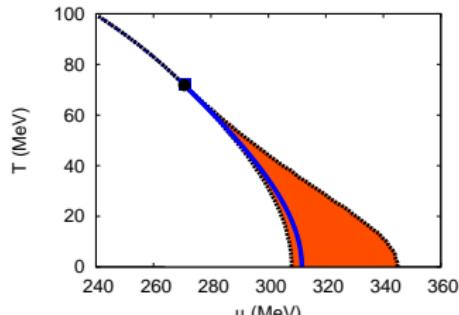
m/MeV	m_π/MeV
0.	0.
1.	43.
5.	96.
10.	135.
20.	191.
30.	235.
40.	271.
50.	303.

GL results for critical points and Lifshitz points

	chiral limit	explicitly broken
NJL model		
QM model		

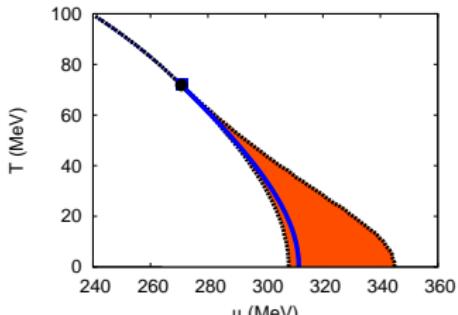
GL results for critical points and Lifshitz points

	chiral limit	explicitly broken
NJL model	LP = TCP [Nickel, PRL (2009)]	
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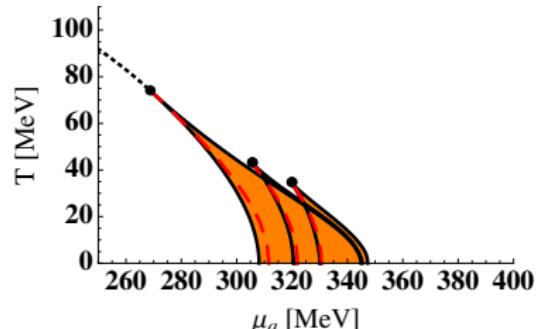
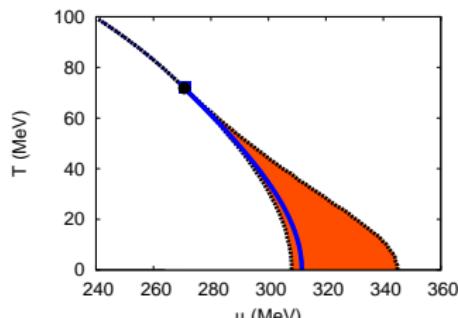
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QM model	$\text{LP} = \text{TCP}$ if $m_\sigma = 2\bar{M}$ [MB, Carignano, Schaefer, PRD (2014)]	



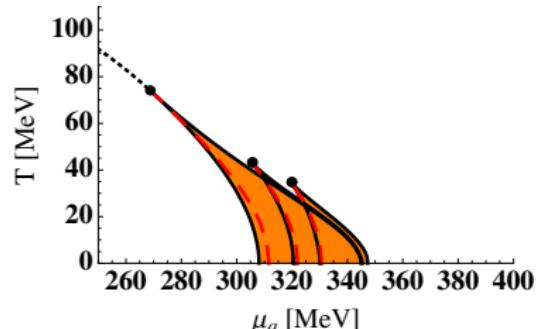
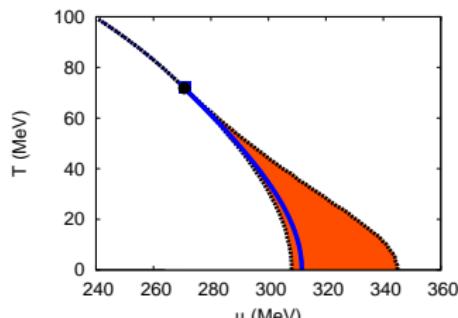
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- ▶ Model results, but independent of model parameters

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- ▶ Model results, but independent of model parameters
- Model predictions of an inhomogeneous phase should be taken as seriously as those of a CEP!

Stability analysis



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Stability analysis



- ▶ as before:

Expand the thermodynamic potential in powers of small fluctuations δM around the most stable homogeneous solution M_0

- ▶ Contributions of order $(\delta M)^n$:

$$\Omega^{(0)} = -\frac{T}{V} \mathbf{Tr} \log S_0^{-1} + \frac{1}{V} \int_V d^3x \frac{(M_0 - m)^2}{4G}$$

$$\Omega^{(1)} = \frac{T}{V} \mathbf{Tr} (S_0 \delta M) + \frac{M_0 - m}{2G} \frac{1}{V} \int_V d^3x \delta M(\vec{x})$$

$$\Omega^{(2)} = \frac{1}{2} \frac{T}{V} \mathbf{Tr} (S_0 \delta M)^2 + \frac{1}{4G} \frac{1}{V} \int_V d^3x \delta M^2(\vec{x})$$

$$\Omega^{(n>3)} = \frac{1}{n} \frac{T}{V} \mathbf{Tr} (S_0 \delta M)^n$$

Stability analysis



► as before:

Expand the thermodynamic potential in powers of small fluctuations δM around the most stable homogeneous solution M_0

► Contributions of order $(\delta M)^n$:

$\Omega^{(0)}$ not relevant in the following

$\Omega^{(1)} = 0$ by the gap equation

$$\Omega^{(2)} = \frac{1}{2} \frac{T}{V} \text{Tr} (S_0 \delta M)^2 + \frac{1}{4G} \frac{1}{V} \int_V d^3x \delta M^2(\vec{x})$$

$\Omega^{(n>3)}$ not relevant in the following

Quadratic contribution

- ▶ $\Omega^{(2)} = \frac{1}{2} \frac{T}{V} \mathbf{Tr} (S_0 \delta M)^2 + \frac{1}{4G} \frac{1}{V} \int_V d^3x \delta M^2(\vec{x})$

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$$\mathbf{Tr} (S_0 \delta M)^2 = 2N_c \int d^4x d^4x' \text{tr}_D [S_0(x, x') \delta M(\vec{x}) S_0(x', x) \delta M(\vec{x}')]$$

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- ▶ Evaluate in momentum space without gradient expansion:

$$\Omega^{(2)} = \frac{1}{2V} \int \frac{d^3q}{(2\pi)^3} |\delta M(\vec{q})|^2 \Gamma_S^{-1}(q)$$

- ▶ $\Gamma_S^{-1}(q) \propto$ inverse sigma propagator at $q = \begin{pmatrix} 0 \\ \vec{q} \end{pmatrix}$

$$\text{Diagram} = \text{Diagram} + \text{Diagram} + \dots = \text{Diagram} + \text{Diagram}$$

- ▶ unstable region: $\Gamma_S^{-1}(q) < 0$

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$$\text{---} = \times + \circlearrowleft + \dots = \times + \circlearrowright$$

- ▶ unstable region: $\Gamma_S^{-1}(q) < 0$

- ▶ including pseudoscalar fluctuations δP :

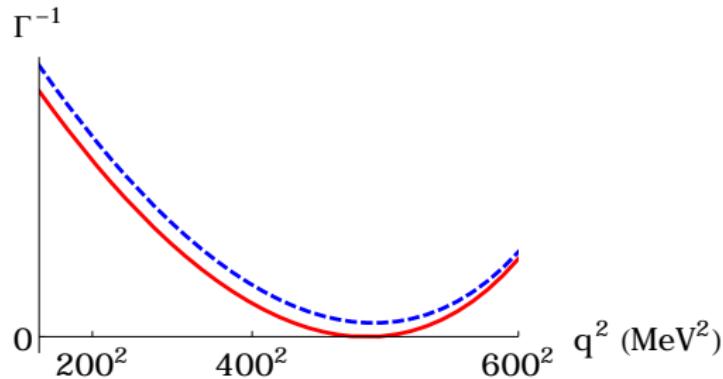
analogous expressions involving $\Gamma_P^{-1}(q) \propto$ inverse pion propagator

Example



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- ▶ inverse meson propagators for $m = 10 \text{ MeV}$, $T = 10 \text{ MeV}$, $\mu = 344 \text{ MeV}$:
[MB, S. Carignano, PLB (2018)]



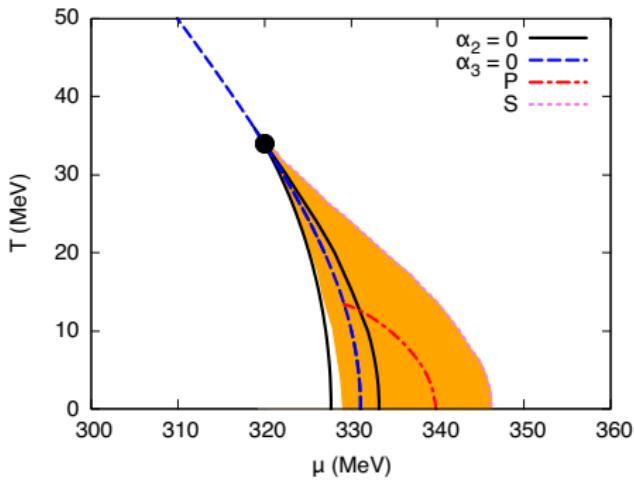
- ▶ red: Γ_S^{-1} → marginally unstable (phase boundary) w.r.t. δS at $|\vec{q}| \sim 500 \text{ MeV}$
- ▶ blue: Γ_P^{-1} → stable w.r.t. δP

Phasediagram

[MB, S. Carignano, PLB (2018)]



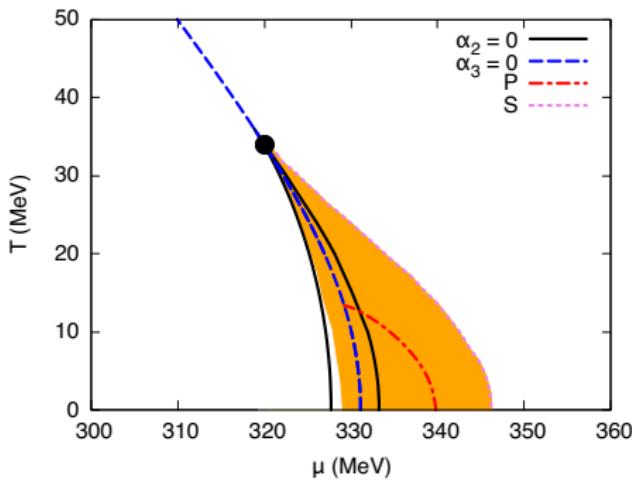
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- ▶ dominant instability in the scalar channel

Phasediagram

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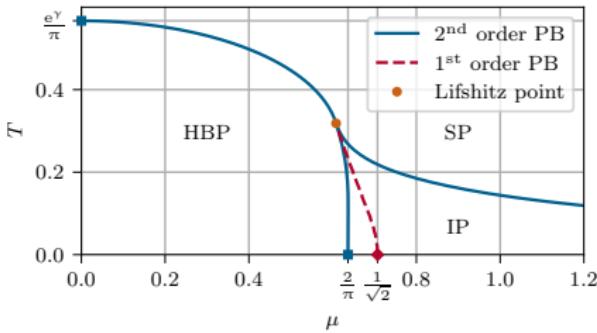


- ▶ orange region: RKC favored
- ▶ instability region < RKC region (not shown)
 - ▶ “right phase” boundaries agree
 - ▶ stability analysis misses instabilities in the homogeneous broken regime w.r.t. large fluctuations

- ▶ dominant instability in the scalar channel

Are the inhomogeneous phases regularization artifacts?

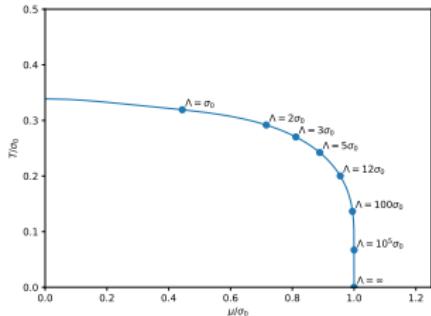
Are the inhomogeneous phases regularization artifacts?



- ▶ 1 + 1 dim Gross-Neveu model:
- ▶ inhomogeneous phase in the renormalized limit [Thies et al.]

from [Koenigstein et al. (2022)]

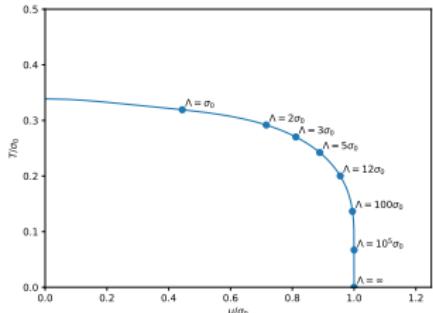
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- ▶ 2 + 1 dim Gross-Neveu model:
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[MB, Kurth, Wagner Winstel; PRD (2021)]

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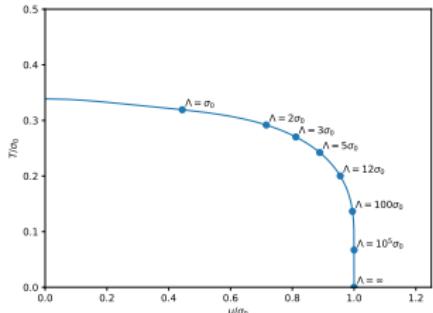


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[MB, Kurth, Wagner Winstel; PRD (2021)]

- ▶ Then how about 3 + 1 dim GN /NJL ?
 - ▶ non-renormalizable → cutoff must be kept finite
 - ▶ strong regulator dependecies [Pannullo, Wagner, Winstel PoS LATTICE2022]
 - ▶ No IP in GN with $2 \leq d < 3 - \varepsilon$ spatial dimensions [Pannullo, PRD (2023)]

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 - ▶ No IP in GN with $2 \leq d < 3 - \varepsilon$ spatial dimensions [Pannullo, PRD (2023)]
- ▶ 3 + 1 dim QM model:
 - IP survives $\Lambda \rightarrow \infty$, but potential not bounded from below

Are the inhomogeneous phases regularization artifacts?



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- ▶ But maybe the cutoff contains some physics ...

Are the inhomogeneous phases regularization artifacts?



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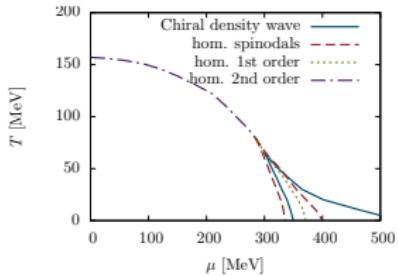
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Does the cutoff mimic asymptotic freedom?

Are the inhomogeneous phases regularization artifacts?



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- ▶ But maybe the cutoff contains some physics ...
Does the cutoff mimic asymptotic freedom?
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[D. Müller et al., PLB (2013)]

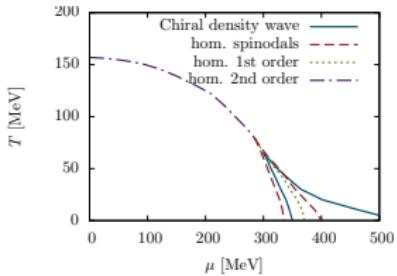


Are the inhomogeneous phases regularization artifacts?



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Does the cutoff mimic asymptotic freedom?
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[D. Müller et al., PLB (2013)]
- ▶ Ongoing work towards a QCD stability analysis [Motta et al., arXiv:2306.09749]
→ **Theo Motta's talk on Tuesday**



Conclusion



- ▶ Chiral models can give us hints about interesting features of the QCD phase diagram:
 - ▶ the critical endpoint
 - ▶ color-superconducting phases
 - ▶ inhomogeneous phases
 - ▶ ...
- ▶ They are not suited for quantitative predictions of them, but they have inspired more sophisticated (QCD based) investigations and are useful benchmarks for them.